

## **Clarence School District** January 2024 Middle School Lunch Menu



### **MONDAY**

**Daily Variety of Fresh Fruit** and Fresh Vegetables

Meal Price - \$2.10 Milk Price - \$.65

**Garlic Chicken Sub** w/Melted Mozzarella

Steamed Corn Vegetarian Beans Fruit Cup

## **TUESDAY**

Taco in a Bag w/Rice & Toppings

**Green Beans** Veggie Beans **Peaches** 

**Homemade Cheese** 

**Tossed Salad** Broccoli **Diced Peaches** 

## **WEDNESDAY**

**French Toast Sticks** w/Ham Slice & Syrup

Oven Baked Fries Romaine Salad **Applesauce** 

## 10 **Mini Pancakes** w/Turkey Sausage

**Crispy Tater Tots Celery Sticks Applesauce** 

## **THURSDAY**

**Buffalo Chicken Mac & Cheese** w/Bun

**Carrot Coins** Corn Niblets **Diced Pears** 

### **FRIDAY**

**Fiesta Taco Flatbread** w/Toppings 5

Celery Sticks Vegetable Medley Mixed Fruit

**Steamed Carrots Green Beans** 

**Baked Pizza Sub** 

# **Breadsticks w/Pasta**

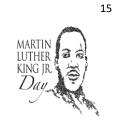
## **Spicy Chicken Patty** on a Bun

Mixed Vegetables Bean Salad **Diced Pears** 

Open Faced

Fruit Cup

## Choice of Fat-free White, Fat-free Chocolate or 1% White Milk offered with every meal.



16 Cheeseburger Sliders w/Toppings

> Sweet Corn Veggie Beans Peaches

17

**French Toast Sticks** w/Turkey Sausage & Syrup

Oven Baked Fries **Cucumber Slices Applesauce** 

18 **Toasted Cheese** Sandwich

**Tomato Soup** Carrots **Diced Pears** 

**BBQ Chicken Flatbread** 

19

Mixed Vegetables Romaine Salad Mixed Fruit

# **Homemade Cheese Breadsticks w/Pasta**

**Corn Niblets Baked Beans** Mixed Fruit

23 **Nachos Grande** w/Rice & Toppings

**Broccoli Florets** Tossed Salad Diced Peaches

24 **Maple Pancakes** w/Ham Slice

> Carrots **Tater Tots Applesauce**

25 Spaghetti w/Meatsauce

& Garlic Bread

Green Beans Cauliflower **Diced Pears** 

26 Half Day K-8



29 **Toasted Chicken Parmesan Sub** with Mozzarella

Roasted Broccoli **Steamed Carrots** Mixed Fruit

30 **Chicken Nuggets** w/Pasta

> Sweet Corn Bean Salad Peaches

31 **Breakfast Sticks** w/Turkey Sausage & Syrup

Fresh Celery **Baked Oven Fries Applesauce** 

### **Everyday Choices:**

~ Peanut Butter & Jelly Sandwich

~ Garden Salad ~ Specialty Salads

~ Cold Sandwich Selection

~ Pizza: Pepperoni & Cheese ~ Specialty Pizzas

~ Chicken Patty ~ Hamburger ~ Cheeseburger

### Choose 3 to 5 components each day, which may include one entree. One of the components must be a fruit or vegetable.

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